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WINTER RECREATION SAFETY



The winter is now upon us, and with it brings snowmobiling, cross country skiing, snowshoeing, and dogsledding. Much of this activity takes place in areas that are subject to extreme weather conditions and high avalanche danger.

We want you to have a quality back country winter experience, consider the following so you can avoid becoming a search and rescue victim.

- ✚ Never travel alone.
- ✚ Always let someone know where your group is going and when you're to return.
- ✚ Be aware of current and forecast weather and avalanche conditions.
- ✚ Realize that weather and avalanche conditions can change unexpectedly.
- ✚ Individually equip and train all members of your group with an avalanche beacon shovel and probe pole.
- ✚ All should wear proper winter clothing, such as wool or a synthetic fiber (Thermax, polar fleece, etc.)
- ✚ Everyone should carry a pack with the Ten Essentials and other survival gear.
 - MAP, Compass, Water & a Way to Purify it, and Extra Food,
 - Rain Gear and Extra Clothes
 - Fire Starter and Matches
 - First Aid Kit
 - Knife or Multi-Purpose Tool
 - Flashlight and Extra Batteries
 - Sun Screen and Sun Glasses
- ✚ Stop and think about safety if your trip appears hazardous at any time, to anyone in your group.
- ✚ Be prepared to turn back if conditions or circumstances take a turn for the worst.



The winter outdoors can provide a wonderful experience, but it demands respect. Following the above advice can help insure your trip is safe and enjoyable.

